
 <div style="text-align: center;"> <b>Oregon Health &amp; Science University</b>  <b>Hospital and Clinics Provider's Orders</b> </div> <div style="margin-top: 10px;"> <div style="display: flex; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-size: small; margin-right: 5px;">PO9031</div>  </div> <div style="margin-top: 5px;">             ADULT AMBULATORY INFUSION ORDER  <b>Iron Infusion for Athletes</b>  <b>Infusion</b>              Page 1 of 3           </div> </div>	<div style="margin-top: 10px;">             ACCOUNT NO.              MED. REC. NO.              NAME              BIRTHDATE           </div> <div style="text-align: right; font-size: x-small; margin-top: 20px;">Patient Identification</div>
<b>ALL ORDERS MUST BE MARKED IN INK WITH A CHECKMARK ( ✓ ) TO BE ACTIVE.</b>	

Weight: \_\_\_\_\_ kg      Height: \_\_\_\_\_ cm  
 Allergies: \_\_\_\_\_  
 Diagnosis Code: \_\_\_\_\_  
 Treatment Start Date: \_\_\_\_\_      Patient to follow up with provider on date: \_\_\_\_\_

**\*\*This plan will expire after 365 days at which time a new order will need to be placed\*\***

#### **GUIDELINES FOR ORDERING**

1. Send **FACE SHEET** and **H&P** or most recent chart note.
2. If patient is pregnant, estimated due date is: \_\_\_\_\_.
3. Provider must order and obtain ferritin prior to patient being scheduled for iron infusion.  
 Labs drawn date: \_\_\_\_\_.  
 Copy of ferritin result must be attached.
4. Many insurance providers require a ferritin result within 90 days. If ferritin is not within 90 days of signed date then patient's insurance may deny coverage for this treatment.
5. This plan is intended for professional athletes. Per the World Anti-Doping Agency (WADA) Section M2.2: Infusion(s) must be restricted to 100 mL or less within a 12-hour period for both in-competitions and out-of-competitions.

#### **NURSING ORDERS:**

1. Hold treatment and notify provider if ferritin is greater than 300 ng/mL.
2. 0.9% sodium chloride infusion as needed for vein discomfort removed from this plan to accommodate volume restrictions. If vein discomfort occurs that is bothersome to the patient, contact provider for guidance.
3. Instruct patient to set follow up appointment with provider for follow up labs.
4. Follow facility policies and/or protocols for vascular access maintenance with appropriate flush solution, declotting (alteplase), and/or dressing changes.

#### **MEDICATIONS:**

- ☐ iron sucrose (VENOFER) injection, 200 mg, IV push over 5 minutes, for 5 doses over 14 days
- ☐ ferric derisomaltose (MONOFERRIC) injection, 500 mg, IV push over 2 minutes, once weekly for 3 doses
- ☐ ferumoxytol (FEREHEME) infusion, 510 mg, administer by IV infusion over 15 minutes, for 2 doses every 3 to 8 days



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ADULT AMBULATORY INFUSION ORDER  
**Iron Infusion for Professional  
Athletes**

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*Patient Identification*

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**HYPERSENSITIVITY MEDICATIONS:**

1. NURSING COMMUNICATION – If hypersensitivity or infusion reactions develop, temporarily hold the infusion and notify provider immediately. Administer emergency medications per the Treatment Algorithm for Acute Infusion Reaction (OHSU HC-PAT-133-GUD, HMC C-132). Refer to algorithm for symptom monitoring and continuously assess as grade of severity may progress.
2. NURSING COMMUNICATION – Avoid intravenous or oral diphenhydramine, move to next option in the algorithm. Adverse effects of diphenhydramine may overlap with IV iron adverse effects such as flushing, hypotension, tachycardia.
3. EPINEPHRINE HCl (ADRENALIN) injection, 0.3 mg, intramuscular, AS NEEDED x 1 dose for hypersensitivity or infusion reaction
4. hydrocortisone sodium succinate (SOLU-CORTEF) injection, 100 mg, intravenous, AS NEEDED x 1 dose for hypersensitivity or infusion reaction
5. famotidine (PEPCID) injection, 20 mg, intravenous, AS NEEDED x 1 dose for hypersensitivity or infusion reaction

**By signing below, I represent the following:**

I am responsible for the care of the patient (*who is identified at the top of this form*);

I hold an active, unrestricted license to practice medicine in: ☐ Oregon ☐ \_\_\_\_\_ (*check box that corresponds with state where you provide care to patient and where you are currently licensed. Specify state if not Oregon*);

**My physician license Number is # \_\_\_\_\_ (MUST BE COMPLETED TO BE A VALID PRESCRIPTION);** and I am acting within my scope of practice and authorized by law to order Infusion of the medication described above for the patient identified on this form.

**Provider signature:** \_\_\_\_\_ **Date/Time:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_



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☒ **Please indicate the patient's preferred clinic location below**

<input type="checkbox"/> <b>HILLSBORO MEDICAL CENTER</b> 364 SE 8th Ave, Medical Plaza Suite 108B, Hillsboro, OR 97123	Phone (503) 681-4124 Fax (503) 681-4120
<input type="checkbox"/> <b>ADVENTIST HEALTH – PORTLAND</b> Infusion Services, 10123 SE Market St, Portland, OR 97216	Phone (503) 261-6631 Fax (503) 261-6756
<input type="checkbox"/> <b>ADVENTIST HEALTH – COLUMBIA GORGE</b> Celilo Cancer Center, 1800 E 19th St, The Dalles, OR 97058	Phone <b>(541) 296-7585</b> Fax <b>(541) 296-7610</b>