



# **Injury Prevention Program**

# Safety Resource Centers

The OHSU Doernbecher Injury Prevention Program is a nationally recognized comprehensive program dedicated to keeping kids safe. We offer:

- Free educational materials and sales of low-cost safety supplies
- Virtual and in-person services supporting safe sleep, safe homes, safe travel and safe play
- Safety education and classes for caregivers, providers, schools and partner agencies
- Support for qualifying low income families to access reduced cost resources
- Community outreach increasing local access to safety-related education, resources, services and support

To connect with a Health Educator for questions or purchases, call **503-418-5666** or email **safety@ohsu.edu**.

Additional educational resources and program information can be found at www.doernbecher.com/childsafety.

Information current as of May 2023. Products and prices subject to change without notice. Availability not guaranteed. Read and follow all manufacturers instructions and warnings before using any product. Register at CPSC.gov for the latest information on product recalls.



# **Around the house**

# **Appliances and electrical**



Stove knob covers

\$8 5 PACK



Appliance swivel lock

\$4



**Universal outlet** slide cover

\$4



Plug and outlet covers

\$5 2 PACK





\$8



**Cord shortening** outlet cover

\$5



**Cord shortener** 

\$4



**Outsmart outlet** shield

\$4



Press tab plug protectors

\$3

32 PACK

# **Living spaces**



Soft corner protectors

\$5



Soft edge bumpers

\$15 96 INCH STRIP



Hinged metal furniture anchors

\$6



**Furniture wall** straps

\$5



TV/furniture safety straps

\$8



### Safety essentials kit

30 plug protectors, 4 doorknob covers, 12 cabinet/drawer latches

\$8



# Household safety kit

12 outlet plugs, 1 multi-purpose latch, 6 safety catches, 1 mini multi-purpose latch, 4 corner cushions, 1 door stopper, 1 appliance latch

\$11



### No screws, no tools safety kit

24 outlet plugs, 1 multi-purpose latch, 1 adhesive double lock, 4 corner protectors, 1 mini-multi purpose latch, 1 appliance latch, 1 secure-a-lock, 1 fish door stopper, 1 angle lock

\$15

# **Bathroom**





Rubber ducky temp guard



Room and bath thermometer

\$10



Toilet/appliance adapta-lock

\$4

Safety 1st

Outsmart toilet lock

\$6



\$4

**Outsmart easy** install bathroom safety set

\$10



Heat alert anti-slip mats

\$4



**Bath faucet** spout cover

\$3

# **Doors and cabinets**



Deadbolt lock

\$10



Outsmart doorknob covers

\$6

2 PACK



Parent grip doorknob covers

\$4 4 PACK



Outsmart lever handle lock

\$10



Lever handle door lock - clear

\$5



Sliding closet door locks

\$5

2 PACK



Bi-fold door lock

\$5



Top of door lock

\$9



Flip lock

\$3



Finger pinch guard

\$3



Flexi-lock cabinet locks

\$5 2 PACK



Cabinet slide locks

\$4



Outsmart flex cabinet lock

\$5

2 PACK



Custom fit all purpose strap

\$4



Twist 'n lock safety straps

\$4

2 PACK



Spring loaded cabinet and drawer latches

\$3 3 PACK



Magnetic cabinet locks

\$18 4 PACK \$25 8 PACK



Adhesive magnetic cabinet locks

\$12 4 PACK \$20 8 PACK



Lazy Susan cabinet lock

\$3



Window/door alarms

\$15 2 PACK



# Gates



Gateway pressuremounted gate

HEIGHT 29.5 INCH WIDTH 29-37 INCH

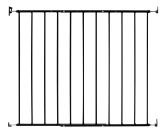
\$55



Ava pressure-mounted gate

HEIGHT 30 INCH WIDTH 29.5-33 INCH

\$35



Safeway stair gate

HEIGHT **30.5 INCH** WIDTH 24.75-42 INCH

\$45



**Broadway xtra-wide** gro-gate hardware mounted (safe for stairs)

HEIGHT 30 INCH WIDTH 30-53 INCH

\$50



Gateway extension 5.5 inch



Newport adapt-a-gate

Hardware mounted, can be installed at an angle and works well for irregular openings, black

HEIGHT 29 INCH 33.5-79 INCH WIDTH



Universal gate installation kit

\$25



Mesh railing net

HEIGHT 33 INCH 15 INCH WIDTH

\$20

\$15

\$85

# Locking storage

### **Firearms**

People who die from accidental shooting were more than three times as likely to live in a home with a firearm.<sup>1</sup> If you, or someone in your household, owns a firearm, let us help make sure it is locked up safely.



#### Combination safe

7"W x 7.5"H x 3"D

16 gauge steel housing is durable and pry resistant. Includes 4 foot steel security cable.

\$25



#### Quick access safe

10"W x 5"H x 12"D

Programmable touch pad with backup keys. Quick access springloaded door

\$95



#### Biometric safe

14"W x 10"H x 10"D

Solid steel. Stores up to 100 fingerprints. Tamper indicator and Interior light

\$85



# Combination trigger lock

For transportation, adding an additional level of safety, and/or larger firearms unable to be kept in a safe

\$10



#### Cable lock

For use as a temporary or backup safety measure; does not replace a firearm safe. Up to 5 per household

Free

### Medication

Medications are the leading cause of child poisoning today.<sup>2</sup> Keeping all medicine up and away, out of reach and sight of children, and inaccessible to adolescents, can help prevent both accidental and intentional ingestion of potentially dangerous substances.



## Helix lockbox

11.25"W x 4.75"H x 4.25"D

Heavy-duty steel construction, comes with 2 keys and can easily be mounted to many locations with the predrilled holes (mounting hardware included); not intended to act as an absolute fail safe to entry

\$25



#### RemedyGuard Locking Bag

11"W x 7.5"H x2.5"D

Perfect for keeping medicines safe at home or on the go. Easy to set combination lock, odor reducing carbon lining

\$10

NOTE: Specific product availability and pricing subject to change without notice. For current stock and pricing please call 503-418-5666 or email safety@ohsu.edu

- 1. violence.chop.edu/gun-violence-facts-and-statistics
- 2. www.safekids.org/medicinesafety

# Window safety



### Window stop

\$7

Hardware mounted device that limits windows from opening more than four inches. ASTM certified. Automatically re-engages. Works with vertical or horizontal windows



restrictor

or doors from opening more than four inch. ASTM certified. Works with vertical. horizontal, or casement windows

\$5

2 PIECE



# **Breezz-guard window**

Hardware mounted device that restricts windows



### Window wedges

Adhesive, velcro mounted wedges prevent window from opening more than four inch. Does NOT meet ASTM standards. Recommend installing/ operating when child not present as it is possible for children to remove wedge if accessible

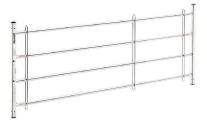
\$6 2 PIECE



### Mesh window guard

Hardware mounted device that installs on window frame. Fits windows 26-40" wide. Works on single or double hung casement and sliding windows. Quick release hardware for easy removal. Meets all ASTM standards

\$35



#### Guardian angel window guards

Designed to withstand 150 pounds of pressure. Hardware mounts to window frame. Emergency release buttons for quick removal (key release quards also available). Fits most styles of windows including single/double hung, sliders, and casement windows. Adjustable width/height from 14-120 inches+. Complies with ASTM standard. Lifetime warranty

**NOT IN STOCK - SPECIAL ORDER** 



#### Blind cord wraps

Wrap cord in figure-eights around mounted clip

\$2 4 PIECE



#### Blind cord wind-ups

Keep long cords safely out of reach from small hands and paws. Thread cord and wind, then clip plastic holders.

\$3 2 PIECE



For additional window safety information visit www.doernbecher.com/childsafety or www.stopat4.com.

Follow all manufacturers instructions and warnings before use.

For products and questions, contact the OHSU Doernbecher Injury Prevention Program at 503-418-5666 or safety@ohsu.edu.

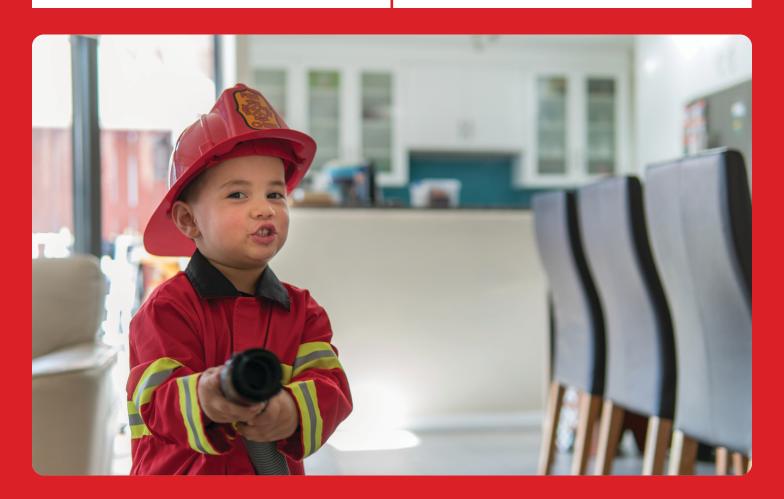
# Smoke and fire



Carbon monoxide detector \$20



Smoke detector \$20



# Additional items



# **Chewy tubes**

A safe way to keep hands and mouths busy. Options for 0–2 years and 2+ years

\$6

ALL STYLES

# All about helmets



#### Bike helmets

Toddler (light blue only); small-XL available in red, blue, or silver. Meets CPSC standards

Toddler: 18.11-19.68 inches (46-50 cm)

fits approximately\* ages 1-2

Small: 19.68–22.04 inches (50–56 cm)

fits approximately\* ages 3-6

Medium: 21.25-22.83 inches (54-58 cm)

fits approximately\* ages 6-12

Large: 22.83–24.4 inches (58–62 cm) fits approximately\* ages 10–12+

X-Large: 23.22-25.19 inches (59-64 cm)

fits approximately\* ages 15+

\$14



### **Multi-sport helmets**

Available in white, black, and gray. Runs small overall, may not fit bigger teens/adults. Additional padding may be needed for proper fit on less-round head shapes. Meets ASTM F1492

Small: 20.86-22.04 inches (53-56 cm)

fits approximately\* ages 4-8

Medium: 22.04-22.83 inches (56-58 cm)

fits approximately\* ages 7-10

Large: 22.83–23.62 inches (58-60 cm)

fits approximately\* ages 10-14

\$17

\*For the best fit, please choose size based on head measurement. Some children need an extra-large helmet, and some adults need a small. Age ranges provided are general, and may not be accurate for you or your child.

### Helpful hints for finding the right size

- Measure the circumference from just above the eyebrow in a level "halo" around the widest part of the head. If you don't have a soft measuring tape, use a piece of string to go around the head and then measure that against a ruler.
- There is overlap between sizes on bike helmets. If your child's head measures 21.5 inches, they will likely still fit in a small, but a medium would also fit and offers more grow room.
- For those with long or thick hair, consider how you will wear it when riding, you may need to measure once with hair down and again with hair in a low ponytail or braid and then choose the larger of the two measurements.
- Measure somewhat loosely over cochlear implants or other hardware that will be worn when riding. You may need to size up and/or add additional padding.
- We happily provide free fittings at Doernbecher Children's Hospital during Safety Center hours.

# Outdoor fun









Baby

Big kid

(5+ years)









\$15

\$18















Strap and ear adjusters

\$2

Case

\$5













Knee, wrist and elbow guards

Child size: small, medium, and large

\$15

# Whispears hearing protection

Available in blue, orange, and pink

\$15



Infant (0-30lb)



Child (30-50lb)



Youth (50-90lb)



Adult (90lb+)

## Life jackets

These general-purpose vests have an adjustable belt and chest strap; infant/child sizes include a leg strap for additional safety. USCG Approved

Type II













\$20

# Parking Pal safety magnet

Alphabet, butterfly, construction, dinosaur, fish, and unicorn

# **Tom Sargent Safety Resource Center**

700 S.W. Campus Drive, Portland, Oregon 97239 (Lobby of Doernbecher Children's Hospital) Monday – Friday | 10 a.m. – 3:30 p.m.

# **Braner Family Safety Resource Center**

335 S.E. 8th Ave., Hillsboro, Oregon 97123 (2nd floor of Hillsboro Medical Center) Open by appointment only

