# Individualized Instruction for Continuous Glucose Monitoring (CGM)

Our Diabetes Education Program offers individualized instruction over two separate appointments on how to use Continuous Glucose Monitoring (CGM) devices.

The first appointment helps familiarize patients with their new CGM and gets them set up to use their devices. Patients will wear their devices for up to two weeks and then return for a second appointment.

At this time, the Diabetes Educator will review the collected data with patients. If desired, the educator can also set up clinic sharing of this data with the patient's provider.

After these two educational appointments, patients will gain a better understanding of their CGM devices and collected data to help better inform their own lifestyle choices.

Learn how to refer a patient for individualized instruction on Continuous Glucose Monitoring in Epic on the next page.

## **Diabetes Education Program**

8th Avenue Medical Plaza 364 SE 8<sup>th</sup> Avenue, Suite 301A Hillsboro, OR 97123

Phone: 503-681-1381

Email: diabetes educators@tuality.org

## For Patient Appointment Scheduling

Call 503-681-1816 (Option 2) or fax 503 - 681 - 4120

## To Send Referral in Epic

Please see the back of this flyer for details.

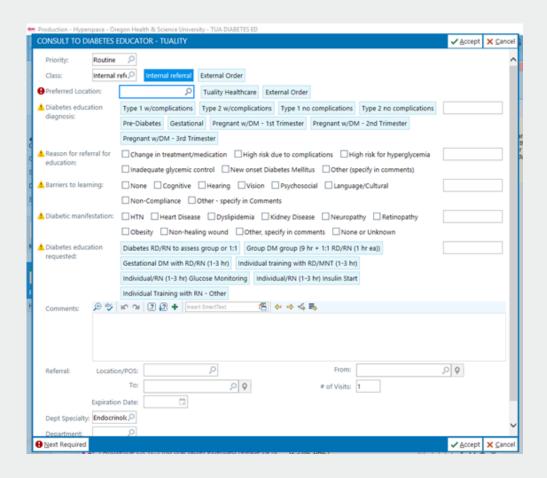


Hillsboro Medical Center's Diabetes Education Program offers one-on-one appointments on how to use Continuous Glucose Monitoring (CGM) devices.

CGMs are personal devices that allow patients to test their glucose levels every few minutes, helping them to make more informed choices throughout the day.



## How to Refer a Patient to Continuous Glucose Monitoring (CGM) in Epic



CNSLT0350 - DSMT

CPT Code: 95249

Please select answers for each Δ question to provide the most complete information

- For Diabetes Education Requested: Individual/RN (1-3 hr) Glucose monitoring
- In comments: CGM
  - Also list the brand if device has been ordered/approved
    - Freestyle Libre 2 or 3
    - Dexcom G6 or G7

### Please note:

- The Freestyle Libre 3 requires a compatible device (smart phone) for use.
- <u>Medicare</u> requires full or intermittent use of a receiver/reader device. At this time, they are not eligible for the Freestyle Libre 3.