

# Individualized Instruction for Continuous Glucose Monitoring (CGM)

Our Diabetes Education Program offers individualized instruction over two separate appointments on how to use Continuous Glucose Monitoring (CGM) devices.

The first appointment helps familiarize patients with their new CGM and gets them set up to use their devices. Patients will wear their devices for up to two weeks and then return for a second appointment.

At this time, the Diabetes Educator will review the collected data with patients. If desired, the educator can also set up clinic sharing of this data with the patient's provider.

After these two educational appointments, patients will gain a better understanding of their CGM devices and collected data to help better inform their own lifestyle choices.

Learn how to refer a patient for individualized instruction on Continuous Glucose Monitoring in Epic on the next page.

## Diabetes Education Program

8th Avenue Medical Plaza  
364 SE 8<sup>th</sup> Avenue, Suite 301A  
Hillsboro, OR 97123

**Phone:** 503-681-1381

**Email:** [diabetes\\_educators@tuality.org](mailto:diabetes_educators@tuality.org)

## For Patient Appointment Scheduling

Call 503-681-1816 (Option 2) or fax 503 - 681 - 4120

## To Send Referral in Epic

Please see the back of this flyer for details.



Hillsboro Medical Center's Diabetes Education Program offers one-on-one appointments on how to use Continuous Glucose Monitoring (CGM) devices.

CGMs are personal devices that allow patients to test their glucose levels every few minutes, helping them to make more informed choices throughout the day.

# How to Refer a Patient to Continuous Glucose Monitoring (CGM) in Epic

The screenshot shows the 'CONSULT TO DIABETES EDUCATOR - TUALITY' form in Epic. The form is titled 'CONSULT TO DIABETES EDUCATOR - TUALITY' and has 'Accept' and 'Cancel' buttons. The form includes the following fields and options:

- Priority: Routine
- Class: Internal referral
- Preferred Location: Tuality Healthcare
- Diabetes education diagnosis: Type 1 w/complications, Type 2 w/complications, Type 1 no complications, Type 2 no complications, Pre-Diabetes, Gestational, Pregnant w/DM - 1st Trimester, Pregnant w/DM - 2nd Trimester, Pregnant w/DM - 3rd Trimester
- Reason for referral for education: Change in treatment/medication, High risk due to complications, High risk for hyperglycemia, Inadequate glycemic control, New onset Diabetes Mellitus, Other (specify in comments)
- Barriers to learning: None, Cognitive, Hearing, Vision, Psychosocial, Language/Cultural, Non-Compliance, Other - specify in Comments
- Diabetic manifestation: HTN, Heart Disease, Dyslipidemia, Kidney Disease, Neuropathy, Retinopathy, Obesity, Non-healing wound, Other, specify in comments, None or Unknown
- Diabetes education requested: Diabetes RD/RN to assess group or 1:1, Group DM group (9 hr + 1:1 RD/RN (1 hr ea)), Gestational DM with RD/RN (1-3 hr), Individual training with RD/MNT (1-3 hr), Individual/RN (1-3 hr) Glucose Monitoring, Individual/RN (1-3 hr) Insulin Start, Individual Training with RN - Other
- Comments: A text area for entering comments.
- Referral: Location/POS, From, To, # of Visits (1), Expiration Date
- Dept Specialty: Endocrinologic
- Department: (empty)

CNSLT0350 – DSMT

CPT Code: 95249

Please select answers for each  $\Delta$  question to provide the most complete information

- For Diabetes Education Requested: Individual/RN (1-3 hr) Glucose monitoring
- In comments: CGM
  - Also list the brand if device has been ordered/approved
    - Freestyle Libre 2 or 3
    - Dexcom G6 or G7

Please note:

- The Freestyle Libre 3 requires a compatible device (smart phone) for use.
- **Medicare** requires full or intermittent use of a receiver/reader device. At this time, they are not eligible for the Freestyle Libre 3.