

Welcome! Please fill this out to the best of your ability and return to the front desk. Thank you!



Date: \_\_\_\_\_ Date of Injury/Start of symptoms: \_\_\_\_\_  
Reason for visit (pain, balance etc): \_\_\_\_\_  
Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Occupation: \_\_\_\_\_  
Were you scheduled for your evaluation in a timely manner? \_\_\_\_\_ If No, how many days did it take to schedule? \_\_\_\_\_  
Gender: \_\_\_\_\_

Activity	CURRENT Rating										
We want to know <b>your goals</b> to help us guide your care. Please list important activities that you are unable to do or are having difficulty with.  <b>WHAT ACTIVITIES DO YOU HAVE DIFFICULTY WITH BECAUSE OF YOUR PROBLEM?</b>	0 = <b>Unable</b> to perform activity					10 = <b>Able</b> to perform activity at same level as before injury or problem					
<b>List up to 3 activities below.</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
1.											
2.											
3.											

**Currently I am experiencing (check all that apply):**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Fever/chills/sweats                  | <input type="checkbox"/> Poor balance (falls) | <input type="checkbox"/> Unexplained weight loss            |
| <input type="checkbox"/> Numbness or Tingling                 | <input type="checkbox"/> Changes in appetite  | <input type="checkbox"/> Difficulty swallowing              |
| <input type="checkbox"/> Depression                           | <input type="checkbox"/> Shortness of breath  | <input type="checkbox"/> Dizziness                          |
| <input type="checkbox"/> Headaches                            | <input type="checkbox"/> Nausea /Vomiting     | <input type="checkbox"/> Increased pain at night            |
| <input type="checkbox"/> Fatigue                              | <input type="checkbox"/> Difficulty sleeping  | <input type="checkbox"/> Difficulty concentrating, thinking |
| <input type="checkbox"/> Changes in bowel or bladder function |   |   |

**Please circle any medical or surgical history we should be aware of:**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Heart Condition         | <input type="checkbox"/> Spinal cord injury                            |
| <input type="checkbox"/> Blood Clots              | <input type="checkbox"/> Hernia                  | <input type="checkbox"/> Stroke/TIA                                    |
| <input type="checkbox"/> Blood disease            | <input type="checkbox"/> High Blood Pressure     | <input type="checkbox"/> Thyroid disorder                              |
| <input type="checkbox"/> Cancer                   | <input type="checkbox"/> High Cholesterol        | <input type="checkbox"/> Vision Problems                               |
| <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> Kidney Disease/Dialysis | <input type="checkbox"/> Memory Problems                               |
| <input type="checkbox"/> Drug-resistant infection | <input type="checkbox"/> Liver disease/Hepatitis | <input type="checkbox"/> Other: _____                                  |
| <input type="checkbox"/> Epilepsy/Seizures        | <input type="checkbox"/> Lymphedema              | <input type="checkbox"/> Are you pregnant/nursing?                     |
| <input type="checkbox"/> Fibromyalgia             | <input type="checkbox"/> Multiple Sclerosis      | Do you smoke? <input type="checkbox"/> Yes <input type="checkbox"/> No |

**Are you allergic to latex and/or adhesives? Yes/No**



**OHSU Health**  
Hillsboro Medical Center

## Falls

Are you worried about falling or losing your balance? \_\_\_\_\_

How many **falls or near-falls** have you had in the past 6 months? \_\_\_\_\_

## Body Chart:

On the body diagrams to the right, please mark the areas where you have symptoms:

### Circle any that apply:

Shooting/sharp pain

Dull/aching pain

Numbness

Tingling

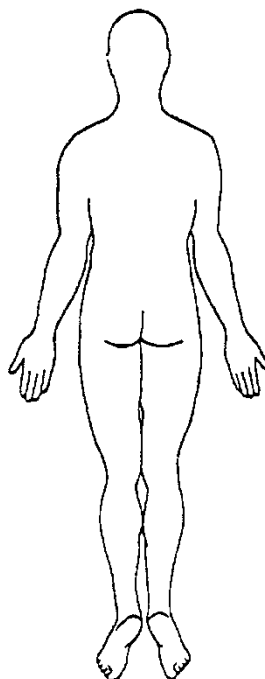
### My symptoms currently:

☐ Come and go

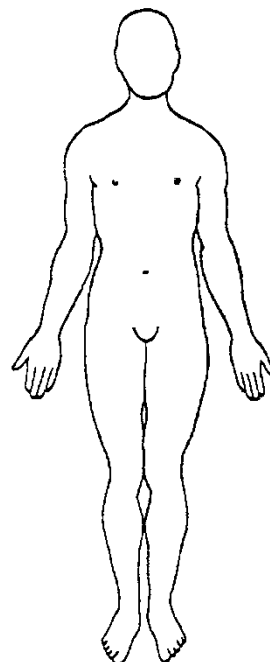
☐ Are constant

☐ Are constant, but change with activity

(Left) – **Back** – (Right)



(Right) – **Front** – (Left)



My symptoms are worse with: \_\_\_\_\_

My symptoms are better with: \_\_\_\_\_

Please rate your pain 0-10/10 over the last couple days/weeks. 0=no pain, 10=worst pain imaginable.

Pain currently: \_\_\_\_\_

Pain at lowest: \_\_\_\_\_

Pain at highest: \_\_\_\_\_

What do you do in your free time/what are your hobbies? \_\_\_\_\_

What is a realistic goal that you would like to achieve with therapy? \_\_\_\_\_

Is there anything else you would like for us to be aware of? \_\_\_\_\_



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